

# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital

### CASE N°1 : Before touching a patient



#### SITUATION

#### TECHNIQUE


# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital

### CASE N°2 : Before a clean/aseptic procedure



#### SITUATION

#### TECHNIQUE


# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital

### CASE N°3 : After any body fluid exposure risk



#### SITUATION

#### TECHNIQUE


# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital

### CASE N°4 : After touching a patient



#### SITUATION

#### TECHNIQUE


# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital

### CASE N°5 : After touching patient surrounding



#### SITUATION

#### TECHNIQUE


## SITUATIONS

(print, cut out and shuffle)

---

I leave the room after leaving an extra blanket on the patient's bed.

I leave the room after cleaning the empty bed for a new patient.

I leave the room after writing a note on the file attached to the patient's bed.

I leave the patient who is just discharged after I handed over to him the medical prescription.

My shift is ending after I left the patient bedside where I was busy filling his file. I'll now leave the hospital to go back home.

I leave after placing an oxygen mask on the patient's face.

I leave the patient after measuring his vital signs.

I leave the patient after helping him to get dressed.

I leave the patient after helping him taking his meal.

I leave the patient after helping him to reinstall in his bed.

## SITUATIONS

(print, cut out and shuffle)

---

I am removing my gloves after I emptied the urinal of the patient.

I leave the patient after emptying the urinary drainage bag connected to his urinary catheter. I was not wearing gloves and felt a few drops projected onto my hands during the procedure.

I leave the patient after compressing his wound for 10 minutes. I did not wear gloves and find that my hands are soiled with blood from the patient

I leave the patient after taking a blood sample. My hands are soiled with the patient's blood.

I leave the patient (a suspected cholera case) after I assisted him while he was vomiting. I didn't wear gloves while I was with him but my hands are not visibly soiled.

I am about to administer an intramuscular drug to the patient.

I am about to change the dressing of the patient.

I am about to insert a urinary catheter (my material is ready)

I just finished eating when I am suddenly requested to help a patient to take his medicine.

I am about to insert an intravenous catheter.

## SITUATIONS

(print, cut out and shuffle)

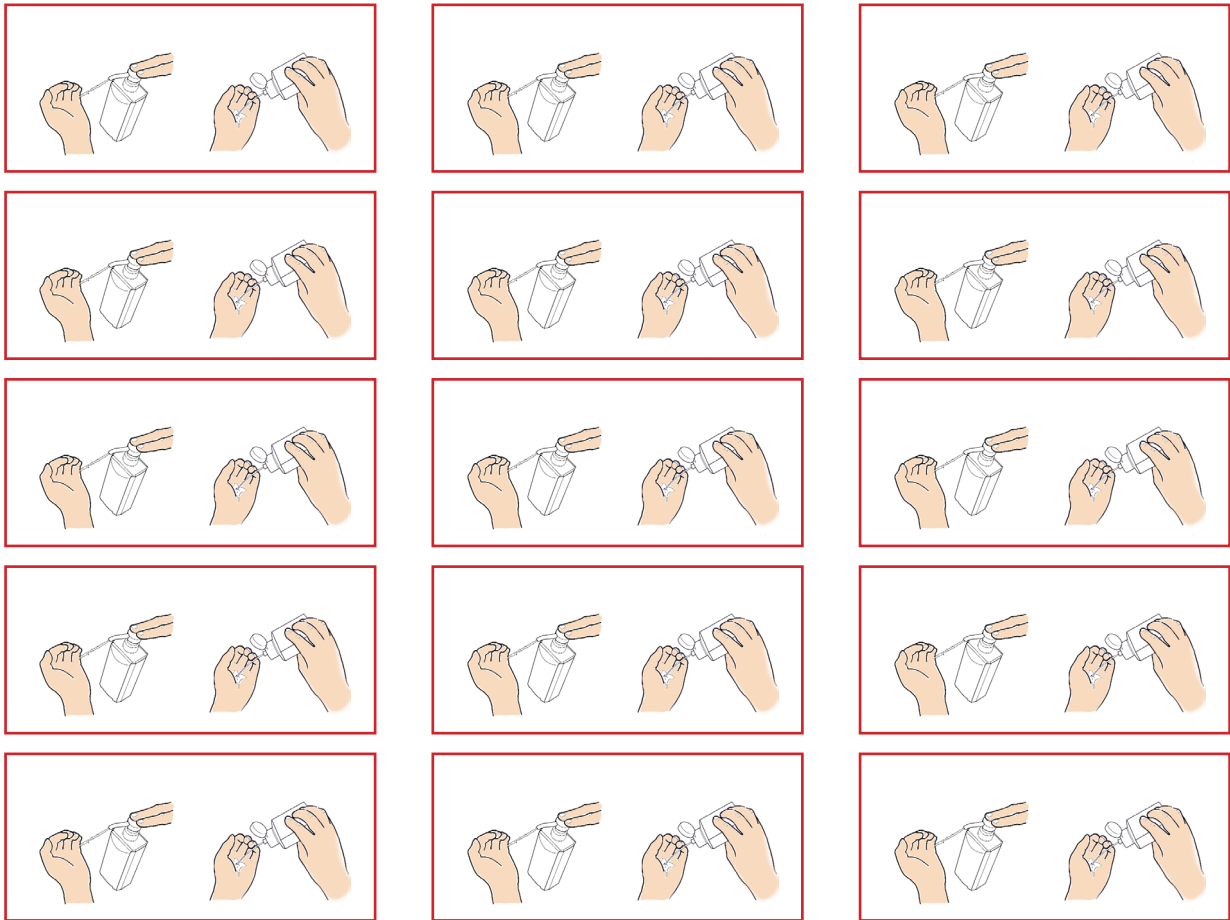
---

I have to enter a patient's room to measure his vital signs
I am at the patient bedside to insert a nasogastric tube.
I have to enter a patient's room to check her pulse, but notice my hands are dirty
I have to help the patient to wash because he is very weak
I have just arrived in my unit to start my shift when I a patient is calling me to check his infusion which is not flowing anymore.



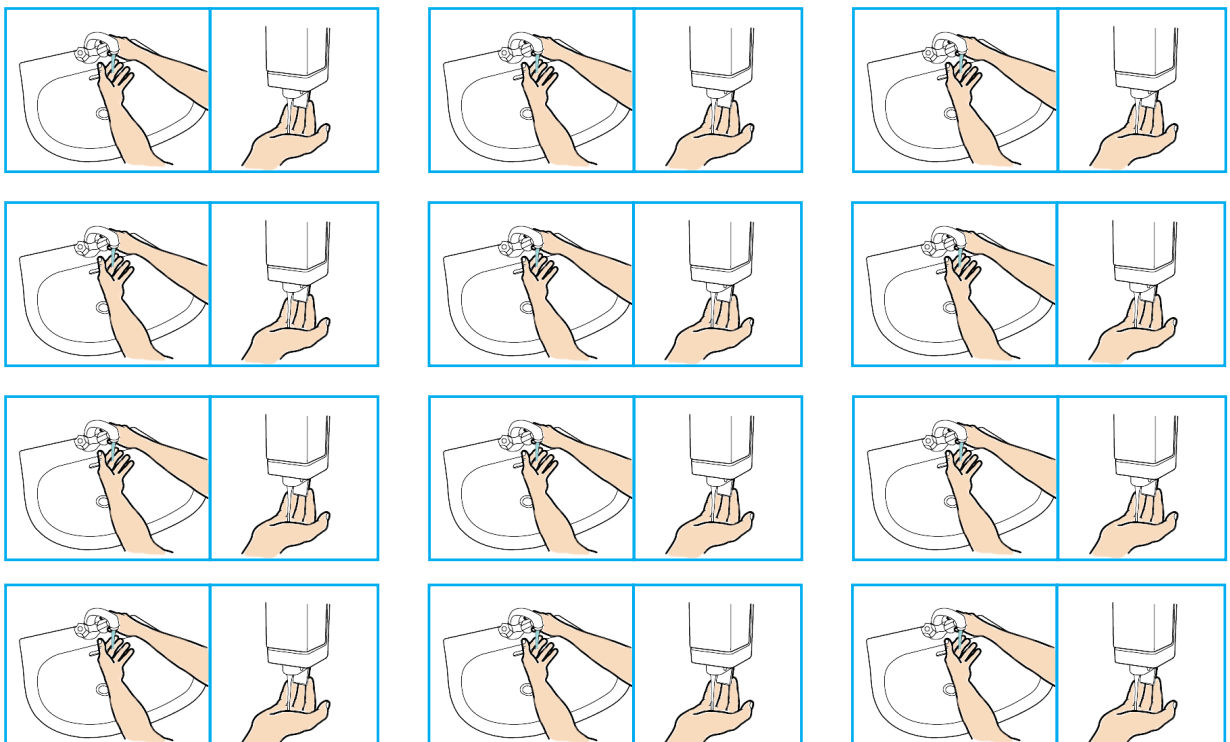
## TECHNIQUE : RUBBING HANDS WITH ABHR

*(print and cut out)*



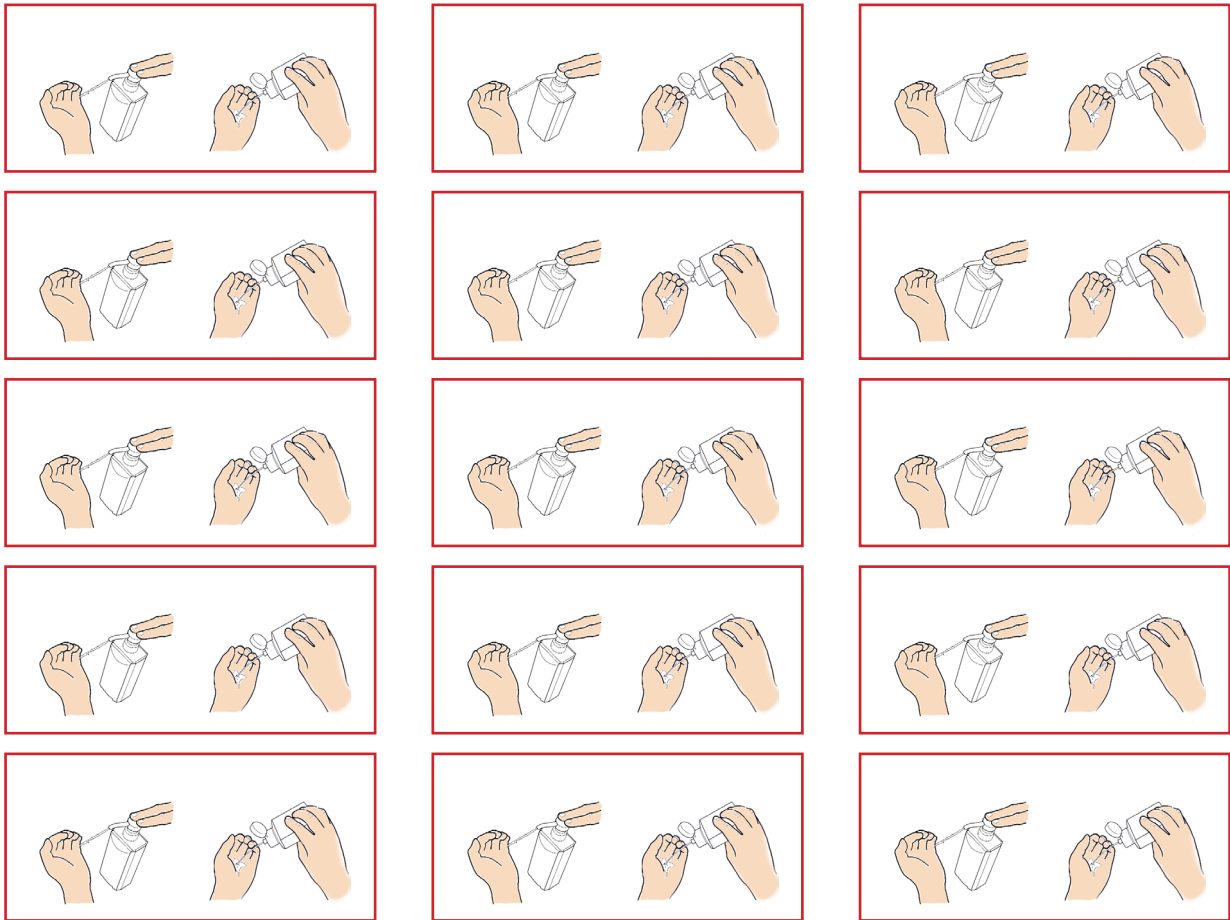
## TECHNIQUE : WASHING WITH WATER AND SOAP

*(print and cut out)*



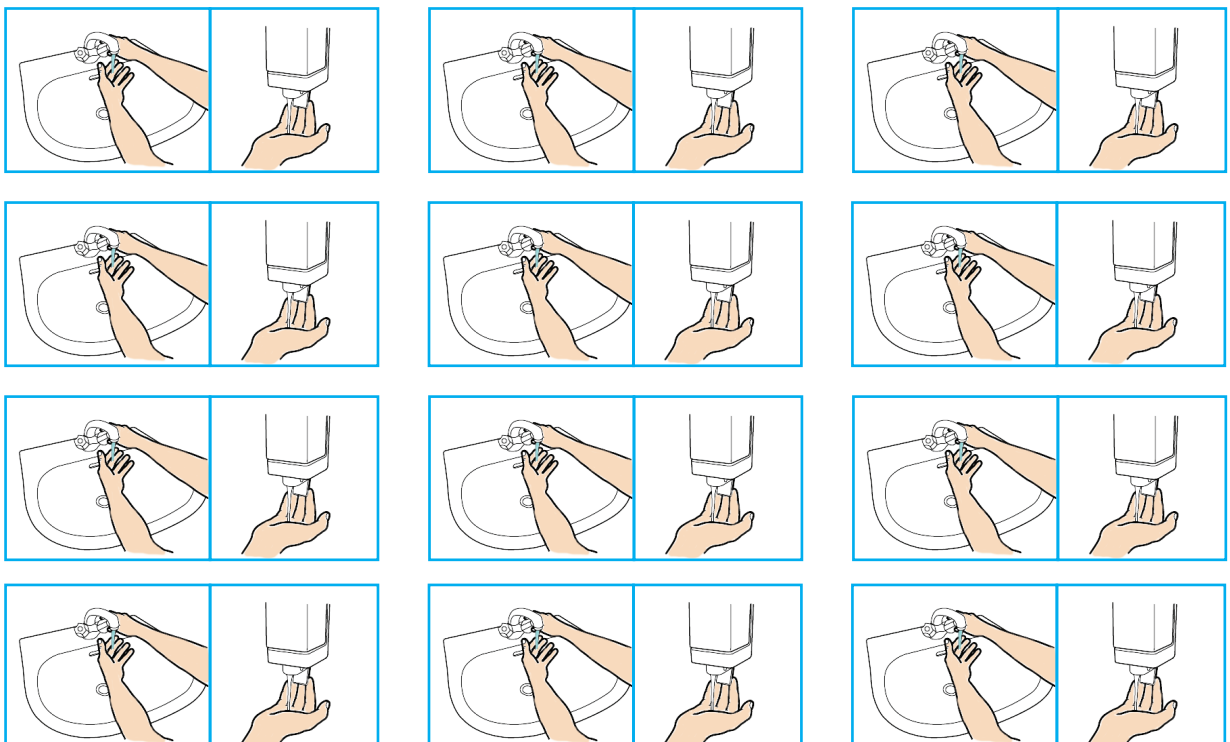
## TECHNIQUE : RUBBING HANDS WITH ABHR

*(print and cut out)*



## TECHNIQUE : WASHING WITH WATER AND SOAP

*(print and cut out)*



# THE 5 MOMENTS FOR HAND HYGIENE



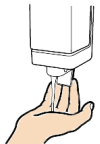
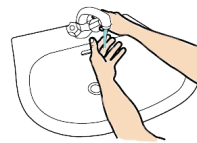
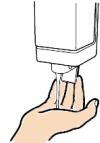

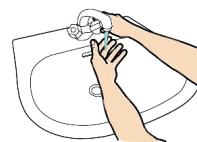
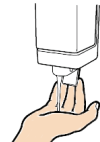
## In a hospital - ANSWERS

### CASE N°1 : Before touching a patient



#### SITUATION

#### TECHNIQUE

I have to enter a patient's room to measure his vital signs		
I just finished eating when I am suddenly requested to help a patient to take his medicine.		
I have to enter a patient's room to check her pulse, but notice my hands are dirty		
I have to help the patient to wash because he is very weak		
I have just arrived in my unit to start my shift when a patient is calling me to check his infusion which is not flowing anymore.		

# THE 5 MOMENTS FOR HAND HYGIENE






## In a hospital -ANSWERS

### CASE N°2 : Before a clean/aseptic procedure



#### SITUATION

#### TECHNIQUE

I am about to administer an intramuscular drug to the patient.	
I am about to change the dressing of the patient.	
I am about to insert a urinary catheter (my material is ready)	
I am at the patient bedside to insert a nasogastric tube.	
I am about to insert an intravenous catheter.	

# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital - ANSWERS

### CASE N°3 : After any body fluid exposure risk



#### SITUATION

#### TECHNIQUE

I am removing my gloves after I emptied the urinal of the patient.		
I leave the patient after emptying the urinary drainage bag connected to his urinary catheter. I was not wearing gloves and felt a few drops projected onto my hands during the procedure.		
I leave the patient after compressing his wound for 10 minutes. I did not wear gloves and find that my hands are soiled with blood from the patient		
I leave the patient after taking a blood sample. My hands are soiled with the patient's blood.		
I leave the patient (a suspected cholera case) after I assisted him while he was vomiting. I didn't wear gloves while I was with him but my hands are not visibly soiled.		

# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital - ANSWERS

### CASE N°4 : After touching a patient



#### SITUATION

#### TECHNIQUE

I leave after placing an oxygen mask on the patient's face.



I leave the patient after measuring his vital signs.



I leave the patient after helping him to get dressed.



I leave the patient after helping him taking his meal.



I leave the patient after helping him to reinstall in his bed.



# THE 5 MOMENTS FOR HAND HYGIENE

## In a hospital - ANSWERS

### CASE N°5 : After touching the patient surrounding



#### SITUATION

#### TECHNIQUE

I leave the room after leaving an extra blanket on the patient's bed.



I leave the room after cleaning the empty bed for a new patient.



I leave the room after writing a note on the file attached to the patient's bed.



I leave the patient who is just discharged after I handed over to him the medical prescription.



My shift is ending after I left the patient bedside where I was busy filling his file. I'll now leave the hospital to go back home.

